



People Helping People is a small project founded in the Chapel of Penha de França by the late Father Bernardino Andrade to help those in need. Our former Bishop D. António once said, "One must find new ways of helping the poor". A very small group of people attending the English Mass decided to do just that after the floods in 2010! In a short period of time, we created partnerships with supermarket chains and restaurants; we have paid dozens of medical prescriptions, we have spent gallons and gallons of petrol riding across the island giving lifts, we have prevented families from going hungry, getting their electricity cut off, running out of gas, losing their homes. We have tried to keep them warm, keep them hopeful, and keep them dreaming. The Mission Statement of People Helping People is... through social solidarity, to mobilize many people to help many people in a combat against poverty, hunger, illness, exclusion, indifference, intolerance, and social injustice, with a special preference for the last, the least and the lost, having as a model the person of Jesus, the «Good Shepherd» (Gospel according to Luke, chapter 15). Our wish is that it may always be an open door when all the other doors close, building in this way, different feelings and acts of Mercy

"In the Lord's presence, our problems do not disappear, but are illuminated. 'No one is excluded from God's love' (Pope Leo XIV – Knight of the Immaculate)



>> TRANSFER TO BANK ACCOUNT IN MADEIRA:

ACCOUNT NAME:

Associação Gente Ajudando Gente

BANK: Banco Santander Totta

ACCOUNT NUMBER: 0003 4938 1759020

IBAN: PT50 0018 0003 49381759020 94

SWIFT: TOTAPTPL

NIB: 0018 0003 49381759020 94

Bank Address:

Caminho de Santa Quiteria 46A,
9020-119, Funchal
Madeira, Portugal.



>> DONATIONS FROM THE UK:

ACCOUNT NAME: Sinead Moynihan

BANK: Lloyds Bank

ACCOUNT NUMBER: 02461743

BRANCH: Univ. of Cambridge

SORT CODE: 30-13-55

IBAN: GB05 LOYD 3013 5502 4617 43

BIC: LOYDGB21035



The funds will then be transferred to Madeira. Any questions or concerns about transferring to this account, please contact Sinead Moynihan at: sineadmoyhnan7@icloud.com

PEOPLE HELPING PEOPLE CONTACTS: Alexandre Silva, Funchal. Email: alex.lupus@gmail.com
When making any donation, please send an email to penhafranca.php@gmail.com with the date, and name on the transfer so that we are able to confirm that the transfer has been received. Thank you.

BLESS YOURSELF WITH HOLY WATER



As you go inside the Chapel just under the archways on either side of the door, you will find a small font on the wall with Holy water inside which you can use to bless yourself with, before and after Mass. 🙏🙏🙏🙏

Tea and Coffee After Mass

at Moynihans Irish Pub... up the road from the Chapel (while our tearoom is closed for fixing of the roof)



Please sign our Visitor's book or leave a message

We'd love to know which country you are visiting us from!



JOYFUL GIFT

5th of July 2026 – 10:30 am Sunday

14th Sunday in Ordinary Time – Year A

Chapel of Our Lady of Penha de França,
Rua Penha de França 3, Funchal, Madeira.

Website and Blog: <http://rcmassmadeira.org/>

Facebook: www.facebook.com/penhafrancachapel

Instagram: www.instagram.com/capela_penha_franca/

Email: penhafranca.newsletter@gmail.com

Capela de Nossa Senhora da Penha de França



CATHOLIC MASS IN ENGLISH



Good morning! Father Joseph Arun will be celebrating Mass for us this morning. He is a Carmelite priest, originally from Kerala, India, who now lives in Madeira. This morning's Mass is being offered for the repose of the soul of (1) **Mariazinha Gonçalves**, and (2) **Mandeuk Jeong (Joseph)**.

TODAY'S SCRIPTURE READINGS – 14th Sunday in Ordinary Time - Year A
(*Zechariah 9:9-10; Psalm 144(145); Romans 8:9,11-13; Matthew 11:25-30*)

From the fifth century BC, after the return from the exile, **Zechariah's** apocalyptic oracles look forward to the restoration of Israel, when all the nations will look towards Jerusalem. The Davidic king to be restored by God will bring release from captivity, but repentance must come first. Later Matthew misinterprets the idiomatic repetition of "riding on a donkey, on a colt" and has Jesus riding into Jerusalem on two animals at once (Mt 21). **The Psalm** praises the Lord's kindness and care for creation and exhorts all creatures to thank the Lord. Over the next few weeks Paul's letter to the **Romans** describes "life in the Spirit". Unable to "do the good I want!", Paul sees that we serve sin through our "flesh", our weak, earth-bound, human nature. But by coming in the likeness of sinful flesh, God's Son has enabled us to walk "according to the Spirit". The Spirit of God dwelling in us enables us to participate in divine life. After Jesus' proclaimed the gospel in Galilee, he went on to preach "in their cities" but met opposition to his teaching, and he upbraided them for their lack of repentance. Those reputed to be wise do not understand, but those with the simple trust of children do. Learn from him, for his "burden is light".

- By: Chris Oliver - www.bible-groups.info

PSALM RESPONSE: I will bless your name for ever, O God my King.

TODAY'S HYMN MUSIC

By: Fátima Cátia Marques



- [1] **Entry Hymn:** "Let there be love..." – n.º 317
- [2] **Gospel Acclamation:** "Celtic Aleluia..." – n.º 679
- [3] **Offertory Hymn:** "How lovely on the mountains – Our God reigns..." – n.º 235
- [4] **Communion Hymn:** "Jesus, the Lord said: 'I am the Bread...' – n.º 288
- [5] **Thanksgiving:** Portuguese Hymn
- [6] **Final Hymn:** "The Spirit lives to set us free..." – n.º 561



This week's reflection is written by Licia Agrela who is a teacher here in Monte (Madeira). Licia is a cousin of Deacon Tito Pereira who kindly shared the reflection with us.

The power of humility

This Sunday's readings invite us to see life from a different perspective. We live in a world that often celebrates success, strength and the ability to appear as though we never struggle. Yet God reveals that true greatness is found not in power or status, but in humility.

In the first reading, the prophet Zechariah speaks of a King who comes riding on a donkey. He does not arrive with force or pride, but with gentleness and a message of peace. This shows us that God's strength is often revealed through simplicity, kindness and service.

Saint Paul reminds us that we are called to live according to the Spirit. This means allowing God to shape our hearts and help us move beyond selfishness, impatience and pride. It is not always easy, but this journey leads us towards greater freedom and joy.

In the Gospel, Jesus reaches out to those who are tired and carrying heavy burdens. We all experience worries, disappointments, responsibilities and uncertainties. Jesus does not promise a life without struggles, but He offers His presence and invites us to learn from Him, because He is "gentle and humble in heart". True peace comes when we place our trust in God rather than trying to control everything ourselves.



This week, let us practise humility through small daily actions: listening with care, apologising when we are wrong, showing gratitude, helping others without seeking praise, and bringing our worries to God in prayer. Through these simple acts, God continues to change the world, beginning with our own hearts.

~ Licia Agrela



MASS AT BICA DA CANA

Last Sunday, I attended a Mass up at Bica da Cana, in the Paul de Serra mountains, beside the shrine of the Good Shepherd which Father Bernardino had constructed six years ago and which contains a statue given to him by the Bishop in honour of the fifty year anniversary of his ordination. It was very special to celebrate Mass in such a beautiful spot and the cold and the mist seemed to add to the atmosphere of it all.

Father Bernardino celebrated Mass here regularly and it is good to know that Masses are continuing to be said here. The Masses are celebrated by Father Paul of the Porto Moniz parish and are well attended by the congregation of the church which Father

Bernardino used to attend as a child.

Afterwards there were refreshments bought by the attendees and a sing song with traditional instruments. It was great fun and I am sure Father Bernardino would be delighted to know that his little shrine to the Good Shepherd is still being appreciated by so many people. 😊❤️

By: Debbie Jesus



"Jesus is the Good Shepherd. He knows each of his sheep by name. He abandons no one. He looks for the lost sheep, takes care of the injured and accompanies the tired. I think that Father Bernardino liked this image precisely because the priest is called to have the heart of a shepherd."

- Father Paul in his sermon.

